

# Health & Fitness Journal of Canada

---

Copyright © 2020 The Authors. Journal Compilation Copyright © 2020 Health & Fitness Society of BC

---

Volume 13

December 30, 2020

Number 4

## COMMENTARY

### A Tribute to Dr. Jack Taunton

Robert Scott<sup>1,2,\*</sup>

**1** Department of Family Practice, Faculty of Medicine, University of British Columbia, Vancouver, BC, Canada, V6T1Z3

**2** Ocean Medical, 1884 Marine Drive, West Vancouver, BC, Canada, V7V1J6

\*Corresponding Author: [Scotalini@aol.com](mailto:Scotalini@aol.com)

---

#### Abstract

Over the years, Dr. Taunton's excellence in academics and with various sports teams continues to be an inspiration to all the people who know him. **Health & Fitness Journal of Canada 2020;13(4):16.**

<https://doi.org/10.14288/hfjc.v13i4.336>

Keywords: Excellence in Academics, Inspiration

---

#### Introduction

Jack was my classmate. He was the gold medalist and the one we all continue to look up to and admire. Over the years, his excellence in academics and with various sports teams continues to be an inspiration to all the people who know him. I remember Darren Warburton telling me how much of a positive influence he has on the students and colleagues he works with. What an amazing thing to say about a person. Jack is an esteemed physician across the country and around the world. He holds the respect of people in government. You could not be living your life in a more outstanding way.

#### Author's Qualifications

The author's qualifications are as follows: Robert Scott MD, Assistant Clinical Professor, Department of Family Practice, University of British Columbia.