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EDITORIAL

A special tribute to Dr. Jack and Cheryl Taunton

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Abstract

This editorial introduces the special tribute series dedicated to Dr. Jack and Cheryl Taunton. This special tribute includes more than 20 commentaries from leading exercise scientists, academics, athletes, physicians, professional teams and organizations, friends, and family from around the international community. This series outlines the key roles that Jack and Cheryl have played in the creation and implementation of major regional, national, and international events and organizations (like the 2010 Winter Olympic and Paralympic Games, the Vancouver Sun Run, the Vancouver Marathon, SportMedBC, the Grand Prix of Cycling, and the Canadian Health & Fitness Institute). This series also outlines the influential mentorship roles that they have played in the lives of so many successful physicians, athletes, academics, and students from throughout the world. A central theme of these commentaries is the compassion and consideration that Jack and Cheryl have provided to others. Collectively, these articles highlight the truly remarkable careers of Jack and Cheryl and their influential roles in the lives of others. **Health & Fitness Journal of Canada 2020;13(3):3-4.**

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Introduction

On behalf of the Health and Fitness Journal of Canada, we are honoured to introduce the special tribute series dedicated to Dr. Jack and Cheryl Taunton. Creating this tribute has been a labour of love for our editorial team.



We are sincerely privileged to recognize formally the remarkable contributions of Jack and Cheryl to the sports sciences, exercise and sports medicine, high performance sport, and clinical exercise physiology and rehabilitation (to name a few areas). Moreover, their contributions to the success of this journal cannot be overlooked.

This special, two volume, tribute series (with special Guest Editor, Kai Kaufman) includes commentaries and personal insights from leading researchers, professional athletes, clinicians, students, friends, and family from around the world. These commentaries clearly establish the enormous positive impact Jack and Cheryl have had upon the lives and careers of countless individuals and organizations

globally. Their legacy is unparalleled. We are genuinely humbled and honoured to be able to compile this special tribute series to Jack and Cheryl. They are amongst our closest friends and mentors.

Our special series includes more than 20 commentaries praising the accomplishments of Jack and Cheryl. It is remarkable how many professional athletes, coaches, academics, and physicians owe their careers to the Tauntons. More importantly, it is incredible how many people acknowledge the important role that the Tauntons played in the lives of their families. There is story after story outlining how the Tauntons influenced the careers of others and numerous recounts of their compassion for others. Jack and Cheryl go out of their way to ensure that others are doing well in their careers and life. From sending a note during a birthday to providing medical advice after a serious injury, Jack and Cheryl have always been there for their friends and colleagues.

As you read the series dedicated to Jack and Cheryl, we ask that you reflect upon their impact upon your own career. Even if you do not know them personally, it is likely that their legacy has affected your work. When you interact with trainees and colleagues of Jack and Cheryl you will surely hear of their consideration and compassion for others. They are truly remarkable people.

We are fortunate to have Jack and Cheryl in our lives and trust that this series will do justice to these extraordinary human beings.

Authors' Qualifications

The authors' qualifications are as follows: Darren E. R. Warburton MSc, PhD, HFFC-CEP; Shannon Bredin MSc, PhD, HFFC-CEP.

